

BREAST IMPLANT *Advice*

Questions to take with you to your appointments to ask the surgeons

1. How many Breast Implant and/or Breast Lift procedures do you do each year?

NOTES

2. What is the most common complication you encounter with Breast Implant surgery?

NOTES

3. What is your re-operation rate?

NOTES

4. What is the most common type of re-operation you perform?

NOTES

5. How long will I be in pain after the surgery?

NOTES

6. What is my expected recovery time?

NOTES

7. Will I need help at home for normal activities

(e.g. bathing, housework, shopping, sex) after the surgery and if so for about how long?

NOTES

8. How long do you expect my operation to take?

NOTES

9. How likely is it that I will get an infection after the surgery? And what happens if I do?

NOTES

10. What sort of anaesthesia do you use? How much risk is there from the anaesthesia?

NOTES

11. Where will my scar be?

NOTES

12. Will the Breast Implant affect my ability to breastfeed a baby?

NOTES

13. What results are reasonable for me to expect?

NOTES

14. Do you have before and after photos I can look at for the procedure, and are they your patients, do you have progress pictures of these patients? **(Of women with my type of build/amount of breast tissue etc BE realistic with your expectations)**

NOTES

15. Will I need drains? And if so how long will they be in?

NOTES

16. Does the plastic surgeon use antibiotics (intravenously and orally) to minimize the possibility of infection? If so, what type? When? And for how long does the surgeon believe you will need to take them after your surgery?

NOTES

17. What type of pain medication does the surgeon recommend for you after surgery (intravenously and orally)? (For example, does the surgeon prescribe a "pain pump" if you are staying overnight in the hospital?) Ask about the pros and cons of different pain medicine so that you can make an informed choice.

NOTES

18. When can I begin massaging my breasts?

NOTES

19. When can I resume exercising?

NOTES

20. What are my options if I'm dissatisfied with the outcome of my Breast Implant surgery?

NOTES

21. Do I see you or your nurse for all my aftercare appointments?

NOTES

22. What brand and type of implant do you use? eg saline or silicone.

NOTES

Be sure that you are informed of all possible risks and complications involved with the Breast Implant Surgery. So make sure you ask the plastic surgeon to outline everything for you, this includes all possible risks and all the possible complications that may occur.